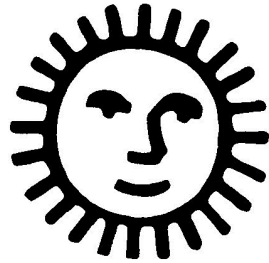


# Sun Rise

Deborah L Wolf & Cheryl Anne Day-Swallow

March 22, 2022 4:30-7:30pm

Based on Connecting after Covid 4/4 Time Key of G BPM 116  
V1, V2. C, V3, C2x, Bridge 3x. C2x Zebra Guitar Piano T/001



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## Verse 1

G                      Em7                      Bm  
We've all been suffering, hurting inside  
G                      Em7                      Bm  
Always wondering why we've been so blind  
C2                      C2                                      D  
We want the storm, we want the storm to subside

## Verse 2

G                      Em7                      Bm  
It's been forever since we've heard your voice  
G                      Em7                      Bm  
All this thunder, all of this noise  
C2                      C2                                      D  
The clouds have hidden, the clouds have hidden our joy

## (Chorus)

G  
We can see the Sun Rise  
Em  
Breaking through the dark skies  
D  
Soaking up the rain  
C2  
Healing all of our pain

### Verse 3

G                      Em7                      Bm  
We've seen your glory, your saving grace

G                      Em7                      Bm  
Bonded together, praising your name

C2                      C2                                      D  
You give us hope, you give us new hope today

**Chorus x 2**

### Bridge

G  
Jesus you made us whole

Em  
You restored our souls

C                                      D  
We thank you for the rain

**Chorus x 2**

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**WE opened with prayer. We were talking about my brain healing and reconnecting. Debbie liked that connect word so.. Debbie looked up Connected this is what came up. Then we picked cords from a bowl, G, Em, Bm, D we both picked out 2. And used them to create our song. Key of G was used to make it easy and fun.**

## Humanity's Design in the Biblical Story

by **Carissa Quinn** 2 years ago

Deep down, at the core of our being, we all have a longing for wholeness. The way we experience this basic desire in our day-to-day lives may be different. Maybe it's a sense of belonging when we experience resonance with someone or are accepted. Maybe it's a hollow feeling of disconnection or loneliness, or perhaps it's a compulsion to soothe pain in an unhealthy way. Whatever the case, the desire for wholeness is basic to the human experience.

What light does the biblical story shed on this deep desire for wholeness? Where does it come from? How do we foster it? The way Scripture portrays God's essence and the way that the biblical story begins are two excellent starting points to begin exploring this concept. Both of these avenues affirm that humanity is designed for connection and that it is connection—with God and others—that is at the heart of wholeness.

## The Heart of Wholeness

I understand if you just tuned out. Some of us probably assume that we know what there is to know about connection. Or maybe connection feels too difficult, too risky, too painful, or simply too time consuming. Perhaps connection feels like one more thing to do in order to be a "good person," rather than something that is life-giving.

But the biblical story gives us a different perspective on connection, one that is first and foremost rooted in the identity of God. So who is God, and how does this relate to our deep-rooted desire for connection?

It's easy to view God primarily as ruler, creator, or judge, but each of these roles is contingent upon creation, as if God needed something other than himself to be who he is. Rather, our clearest definition of who God is comes from 1 John 4:8

: "God is love." But even this can seem a bit hazy. Does this verse mean that God is loving? Or that he feels feelings of love toward us?

Actually, the phrase "God is love" refers to something so much more than God's character or disposition: it describes his very essence. In other words, God is love because God is Father, Son, and Spirit.

The doctrine of the Trinity is not just some tag on to the Christian faith or icing on top of the cake. God's triune identity forms the core of who he is. At the essence of his being, God is an others-oriented, self-giving being. For all of eternity, he has existed in a community of perfect love as Father, Son, and Spirit. This is what is meant by the phrase, "God is love." He does not just have love; he is love. (On the triune God, see Matthew 3:16-17 1 Cor. 8:6 2 Corinthians 13:14)

## An Others-Oriented and Self-Giving Being

So God, by essence, is relational, and this directly impacts our own relational identity and our need for connection. God is not a solitary deity who created out of need for another or to be served. He had perfect love in himself; he needed no other. It is a profound experience to look around at creation and others with this lens. Creation of the world and humanity was an expression of his desire to share his love with others.

The way the biblical story begins shows that like God, humans are relational beings. The first pages of the Bible illuminate that humans are designed for connection with God and others and also portray the tragic and familiar experience of disconnection. The most repeated phrase in Genesis 1

"God saw that it was good," depicts a generous God who creates a delightful world in which humanity can flourish. On day six, at the pinnacle of his creative work, the tightly structured literary rhythm breaks, which is the author's way of signaling to the reader that what is about to be said is really important (Gen. 1:26-27)

26 Then God said, "Let us make humanity in our image, according to our likeness. Let them rule over the fish of the sea, the birds of the sky, the animals, the whole earth, and the creatures that crawl on the earth." 27 So God created humanity in his image: In the image of God he created [humanity]; Male and female he created them.