

He Is My Father & Friend

Derrell Butler & Cheryl Anne Day-Swallow

June 6th, 2022 11:30am-1:30 verse tweaking cheryl anne 2:45-3:15

Key of C 4/4 Time BPM 122-124 Guild/ Zebra

V1, C, V2, C, V3, C x2



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Intro C G Am Em ~ C G Am Em

Verse 1. Body Judges 6 :6~7

C G
When my body is aching I'm afflicted by pain

Am Em

I feel like I can't go on

C G
But Christ is my savior He knows all my needs

Am Em Am F // // // //

I CRY out to HIM ~ I CRY out to HIM

(Chorus)

C
He's my HEALER

G
My PEACE & JOY

Am F
HE is my FATHER & FRIEND

C
He is my HEALER

G
My PEACE & JOY

Am F
HE is my FATHER & FRIEND

Am F // // // //
HE is my FATHER & FRIEND

Verse 2. Mind Psalm 40:2

C G
I am drowning in sorrow and the darkness within
Am Em
Dark clouds keep circling around
C G
But Jesus has lifted me to higher ground
Am Em Am F /////
I will have NO FEAR ~ I will have NO FEAR

(Chorus)

Verse 3. Restless Spirit Psalm 31:23

C G
My heads in a whirlwind I'm torn up in side
Am Em
There is always so much to do
C G
My spirit is grieving I long for the Lord
Am Em Am F /////
I will REST in HIM ~ I will REST in HIM

Chorus (x 2)

Am F
He is my Father and a Friend
Am F
He is my Father and a Friend
Am F ///// C
He is my Father and a Friend

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Derrell and I talked a few weeks ago about writing a song. So we opened in prayer and went right to work.

Derrell is dealing with health concerns at this time. But he has no fear because he knows that God has him in hands. What is going to happen will happen.

After talking with Derrell about this the thoughts we had is body, mind, spirit and how they call play a part in our everyday lives.

Derrell wakes up each morning and thanks the Lord.

For he knows God truly is his healer **He IS His Father and Friend**

Judges 6:6 (TLB)

⁶ So Israel was reduced to abject poverty because of the Midianites. Then at last the people of Israel began to cry out to the Lord for help.

Psalms 40:2 (TLB)

² He lifted me out of the pit of despair, out from the bog and the mire, and set my feet on a hard, firm path, and steadied me as I walked along.

Psalms 31:23 (TLB)

²³ Oh, love the Lord, all of you who are his people; for the Lord protects those who are loyal to him, but harshly punishes all who haughtily reject him.

Romans 14:17 (NIV)

¹⁷ For the kingdom of God is not a matter of eating and drinking, but of righteousness, peace and joy in the Holy Spirit,

Romans 15:13 (NIV)

¹³ May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.

Galatians 5:22 (TLB)

²² But when the Holy Spirit controls our lives he will produce this kind of fruit in us: love, joy, peace, patience, kindness, goodness, faithfulness

Psalms 37:7 (NKJV)

⁷ Rest in the LORD, and wait patiently for Him; Do not fret because of him who prospers in his way, Because of the man who brings wicked schemes to pass.